

Weekly Menu 1-20 thru 1-24

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (7:45am-10:30am)					
Eggs Your Way (2) 200 Cal \$1.69 Biscuits & Gravy 300 Cal \$2.29 Pancakes (2) 200 Cal \$2.79 French Toast 130 Cal \$1.79 Bacon (3) 135 Cal or Sausage (3) 360 Cal \$1.49 Hashbrown Patty 150 Cal \$1.19 Cheese Omelet 210 Cal \$3.79 Veggie Omelet 210 Cal \$3.79 Ham & Cheese Omelet 260 Cal \$4.89 Bacon & Cheese Omelet 260 Cal \$4.89					
Daily Special	Closed	Sausage, Egg & Cheese Muffin 450 Cal \$3.89	Sausage & Peppers Pickup 690 Cal \$4.79	Ham, Egg & Cheese Muffin 300 Cal \$3.89	Bacon & Egg Pickup 590 Cal \$4.79
Lunch (10:30am-1pm)					
Comfort \$6.50 Meal	Closed	Buffalo Chicken Mac & Cheese, Breadstick & Small Fountain Drink 890-1180 Cal	Beef Taco Salad, Roasted Corn Relish & Small Fountain Drink 790-1080 Cal	General Tso's Chicken, White Rice & Small Fountain Drink 610-900 Cal	Hot Dog (2), Signature Chips & Small Fountain Drink 789-1079 Cal
Grill	All-American Angus Cheeseburger 510 Cal..... \$5.69		Southwest Gardenburger 450 Cal \$6.59	Texas Grilled Cheese 380 Cal..... \$2.99	
	All-American Angus Double Cheeseburger 820 Cal..... \$7.79			Crispy Shoestring French Fries Regular 170 Cal..... \$1.99	
	Philly Cheesesteak Sandwich 520 Cal..... \$6.19			Crispy Shoestring French Fries Large 280 Cal..... \$2.49	
	Chicken Cheesesteak Sandwich 450 Cal..... \$6.19			Twister Fries Regular 330 Cal..... \$2.39	
	Farmhouse Grilled Chicken Sandwich 380 Cal..... \$5.39			Twister Fries Large 550 Cal \$3.09	
	Buffalo Crispy Chicken Sandwich 580 Cal..... \$5.39			Onion Rings 450 Cal..... \$3.29	
	Crispy Chicken Tenders (3 pc) 510 Cal \$4.19			Mozzarella Sticks 470 Cal..... \$4.69	
	Beer Battered Cod Sandwich 570 Cal..... \$5.99				
Salad Chicken Caesar 320 Cal \$7.49 Cobb 350 Cal \$7.49 Greek 210 Cal \$7.49					
Pizza \$4.89	Closed	Pepperoni 630 Cal, Cheese 560 Cal, Meat lover's 770 Cal	Pepperoni 630 Cal, Cheese 560 Cal, Sausage 740 Cal	Pepperoni 630 Cal, Cheese 560 Cal, Buffalo Chicken 650 Cal	Pepperoni 630 Cal, Cheese 560 Cal, Margherita 580 Cal
Soup (12 oz) \$3.79	Closed	Roasted Corn & Potato 180 Cal	Hearty Beef & Vegetable 165 Cal	Creamy Tomato Basil 320 Cal	Vegetable Barley 120 Cal

2000 calories a day is used for general nutrition advice, but calorie needs vary